

Name **REICHLIN MARTA**

January 2025- present	Post-doctoral researcher within the project “Performing arts and health: developing proper evaluation tools” at Catholic University, Milano Italy (Communication and Performing Arts Department).
June 2024-present	Advisory board member within the evaluation of the project “Healing Arts Scotland”.
May 2024- present	Evaluation expert within the project “Passepartout” promoting wellbeing in children 0-6 years through theatre activities in Bollate (Milano, Italy).
May 2024- present	Evaluation expert within the project FRAGILI LEGAMI, theatre workshop in Verziano and Nerio Fischione’s prisons (Brescia, Italy), in collaboration with Spedali Civili (Brescia).
January 2023- May 2023	Researcher in “Interdisciplinary research lab” at Center for Arts in Medicine, University of Florida.
January 2023- May 2023	Teaching assistant at the chair of “Introduction to arts in medicine in a global context”, “Applied theatre for Health” and “Arts identity” at Center for Arts in Medicine, University of Florida.
June 2022- present	Collaboration with IBSA- Foundation for Scientific Research within the blog “Culture and Health”.
June 2022- present	Collaboration with Cultural Welfare Center in research activities.
June 2021- present	Teaching assistant at the chair of Social Theatre at the Faculty of Letters, Catholic University of Milan.
September 2020- present	Research coordinator in the project “Synergies between environmental and social epidemiology and arts, particularly Social Theatre, in health’s promotion” promoted by Italian National Health Institute in collaboration with CIT.
January 2020- present	Collaboration with LILT- education and prevention section in schools with students and teachers through Social Theater techniques.
November 2019- present	Collaboration with CIT Centre of Theatrical Projects “Mario Apollonio” in the management of Social Theatre’s projects and in the editorial board.
October 2019- January 2020	Internship at LILT- education and prevention section in schools with students and teachers through Social Theater techniques.
October 2019 – January 2020	Internship at ISMO Srl (people and organization) in consulting projects for companies regarding staff training through experiential activities.
October 2018 – October 2020	Head of press office of the theatrical association "Kerkis -Ancient Theatre on Stage."

## **EDUCATION AND TRAINING**

May 2024 PhD in Humanities defending a dissertation devoted to: “The impact of social theatre

on social determinants of health: possible evaluation tools”.

May 2024	Participation at “Arts and health research intensive” organized by University College London's Social Biobehavioural Research Group and University of Florida Center for Arts in Medicine at Snape Maltings, Snape, Suffolk,
May 2023	Ambassador at “Arts in health intensive week” at University of Florida Center for Arts in Medicine.
January 2023- May 2023	Visiting scholar at University of Florida Center for Arts in Medicine.
October 2023- December 2023	Visiting scholar at Royal Central School of Speech and Drama, London.
December 2021- December 2022	First level master in “Projection and Realization of Cultural Welfare interventions” at Cultural Welfare Center.
May 2021- June 2021	Participation in the course “La Bussola”, realized by Cultural Welfare Center.
November 2020- May 2024	PhD candidate at Humanities at Catholic University of Milan with a research project entitled “Social theatre’s experiences impact on health: criteria and possible assessment tools” and supervised by Prof. Carla Bino.
December 2019- April 2019	Course “Theatre in helping relationship” at civic school of theatre Paolo Grassi.
June 2018	Course in organization for theatre at “Teatri Possibili”.
April- May 2018	Course “Retrosцена. Formare i formatori” at civic school of theatre Paolo Grassi.
January 2018- December 2020	Advanced training course for Social Theatre Operator at Catholic University of the Sacred Heart in Milan.
September 2019	Master's degree in Modern Philology (specializing in artistic-performative studies) at the Catholic University of the Sacred Heart of Milan. Thesis entitled "The Art of leading groups: Theatrical and Psycho-Social competences" (Supervisor Prof. Claudio Bernardi). Final grade: 110/110 cum laude.
February 2017- June 2017	Atelier du théâtre at University Sorbonne Paris IV.
January 2017- June 2017	Erasmus at Sorbonne University Paris IV. Exams taken: - Littérature comparée - Études comparatistes - Littérature Française
October 2017	Bachelor’s degree in Modern Literature (specializing in artistic-theatrical studies) at the Catholic University of the Sacred Heart of Milan. Thesis entitled "The character of Phaedra in Seneca and Racine" (supervisor Prof. Elisabetta Matelli). Final grade: 110/110 cum laude.  High school Diploma at high school for classical studies Cesare Beccaria in Milan. Final grade: 85/100.

## RESEARCH ACTIVITIES

## PUBLICATIONS

Catterina Seia, **Marta Reichlin**. “Well-being in older age calls for collective cultural change”, *Ibsa Foundation for Scientific research*, 2024, <https://www.ibsafoundation.org/en/blog/cultural-change-for-third-age>.

**Marta Reichlin**. “Evaluating Applied Theatre’s projects: state of the art of a debated challenge”, in *Comunicazioni Sociali* 2024, n.3, forthcoming.

**Marta Reichlin**. “SCT: Salute, Comunità e Teatro”, in Alessandro Pontremoli, Alessandra Rossi Ghiglione, Giulia Alonzo (Eds.), *20 anni di Social and Community Theatre Centre (SCT)*, Franco Angeli, Milano, 2024.

Roberto Pasetto, Giulia Innocenti Malini, Enrica Pizzi, Valentina Possenti, **Marta Reichlin**. *Rapporto ISTISAN. Promozione della salute e del benessere tramite laboratori di teatro sociale: l'esperienza di una ricerca partecipata*, Istituto Superiore di Sanità, Roma, 2024, <https://www.iss.it/-/di-prossima-pubblicazione-rapporto-istisan-24/7-promozione-della-salute-e-del-benessere-tramite-laboratori-di-teatro-sociale-un-esperienza-di-ricerca-partecipata-a-cura-di-roberto-pasetto-giulia-innocenti-malini-enrica-pizzi-valentina-possenti-marta-riche>

Catterina Seia, **Marta Reichlin**. “Community resources for the health of everyone”, *Ibsa Foundation for Scientific research*, 2024, [https://www.ibsafoundation.org/en/blog/risorse-comunit%C3%A0-salute-tutti?utm\\_campaign=Cultura%20e%20Salute&utm\\_content=294720524&utm\\_medium=social&utm\\_source=linkedin&hss\\_channel=lcp-79647699](https://www.ibsafoundation.org/en/blog/risorse-comunit%C3%A0-salute-tutti?utm_campaign=Cultura%20e%20Salute&utm_content=294720524&utm_medium=social&utm_source=linkedin&hss_channel=lcp-79647699)

Catterina Seia, **Marta Reichlin**. “Flourishing through the arts”, *Ibsa Foundation for Scientific research*, 2024, <https://www.ibsafoundation.org/en/blog/flourishing-through-arts>.

Jeffrey Pufahl, **Marta Reichlin**. “Theatre as research and catalyst for health promotion”, in Barzanò, A., Bearzot, C. (eds.), *Crisi e resilienza. Atti della Summer School 2022 (Scuola di Dottorato in Studi Umanistici. Tradizione e contemporaneità)*, EDUCatt, Milano, 2023.

Catterina Seia, **Marta Reichlin**. “Health and the Arts: Social Innovation from the Center for Arts in Medicine”, *Ibsa Foundation for Scientific research*, 2024, <https://www.ibsafoundation.org/en/blog/health-and-arts-social-innovation-from-the-center-for-arts-in-medicine>.

**Marta Reichlin**. “CultureForHealth. Un nuovo rapporto europeo per orientare le politiche”, *TrendSanità*, 2023, <https://trendsanita.it/cultureforhealth-un-nuovo-rapporto-europeo-per-orientare-le-politiche/>

**Marta Reichlin**, “CultureForHealth. La cultura come risorsa per le politiche di welfare culturale europeo”, *Letture Lente, Agenzia di stampa CULT*, 2022, <https://www.agenziacult.it/letture-lente/welfare-culturale/cultureforhealth-la-cultura-come-risorsa-per-le-politiche-di-welfare-culturale-europeo/>

**Marta Reichlin**, “CultureForHealth: 8 major social challenges that art and culture can overcome”, *Ibsa Foundation for Scientific research*, 2022, <https://www.ibsafoundation.org/en/blog/cultureforhealth-8-major-social-challenges-art-culture-overcome>

**Marta Reichlin**, “Al cuore della scuola: gli interventi di promozione della salute realizzati nella scuola primaria dalla Lega Italiana Lotta contro i Tumori di Milano Monza Brianza”, *La Salute Umana* n. 285 (2022), pp. 46-50, <https://riservata.edizioniculturasalute.com/wp-content/uploads/2022/05/random285-web-1.pdf>

## CONFERENCES

Presentation “Il teatro come catalizzatore per rinforzare identità e memoria: le esperienze di teatro sociale e applicato con persone affette da demenza e Alzheimer” at *Memory, Identity and Narration*, 20-23 January 2025, Università La Sapienza, Roma.

Presentation “Arti performative e salute: le attuali evidenze scientifiche” at *Intrecci che curano. Estetica, media e psicologia*, 26-27 November 2024, Università Magna Graecia, Catanzaro.

Presentation “Laboratori di teatro sociale per promuovere la salute” at to-B event, 23 September 2024, Istituto Superiore Sanità (Italian National Health Institute), Roma.

Presentation “Evidenze sulle attuali relazioni tra arti performative - in particolare il teatro applicato e sociale - e salute” at *CUT 2024 Nuovi crocevia per lo spettacolo: linee di ricerca e giovani generazioni a confronto*, 12-13 settembre 2024 Alma Mater Studiorum-Università di Bologna.

Presentation “Performing arts and health today” at *VII CLJET Young Researchers International Congress in Theatre Studies*, 8-11 November 2022, Facultat de Filosofia i Lletres de la Universitat Autònoma de Barcelona.

Presentation “Theatre as research and catalyst for health promotion” with professor Pufahl (University of Florida) at *doctoral Summer School Crisi e resilienza*, 6-10 June 2022, Catholic University of Milan.

## VOLUNTEERING EXPERIENCES

July-August 2022

Art educator at nursery and after-school “Giardino degli Angeli ONLUS”, Canavieiras, Bahia, Brazil.

May 2020- May 2021

Civil service at COE- Centro Orientamento Educativo (educational field) in the planning and organization of artistic workshops for promoting interculture in schools.

September- October 2018

UCSC Charity Work Program at Divine Providence Sisters' school in Debre Berhan, Ethiopia.

*September 2017- present*

Front desk at listening center at St. Benedict Parish in Milan.

September 2016- present

Cultural commission’s coordinator at St. Benedict Parish in Milan.  
Direction of the monthly leaflet “Il trampolino: experiments between culture and faith”.

## OTHER LANGUAGES

	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction	Spoken production	
English	C1		C1	C1	C1
First Certificate in English Level B2 (2012)					
French	B2		C1	C1	C1
Spanish	B2		B2	B2	B1
Portuguese	B2		B1	B1	A2

February- May 2022

Spanish course at Catholic University. Final grade: B1

February- April 2021

Course “English for Academic Writing” at Catholic University. Final grade: C1.

January 2020

Spanish intensive course at Don Quijote school in Barcelona. Final grade: B1.

## SOCIAL SKILLS AND COMPETENCES

Aptitude for team working acquired through the participation in numerous group works in writing, theatre, dance and skating courses both in Italy and abroad.

Propensity for discussion and mediation developed by taking part in community forum, training meetings and many team works.

Ability to create and maintain contacts, matured through the management of the press office and public relations of the theatrical association Kerkis- Ancient Theatre in Scene.

## ORGANIZATIONAL SKILLS

Experience in leading groups gained first of all in the field of Social Theatre, but also in the domains of sport, culture and volunteering, in particular as a basic skating teacher, as

AND COMPETENCES

coordinator of the cultural commission of St. Benedict parish and as teacher at the Divine Providence Sisters' school in Debre Berhan, Ethiopia and "Giardino degli Angeli".

Organizational skills in terms of efficiency and precision strengthened through collaboration to project's management (in particular CIT's projects) and promotion (especially performances promoted by the theatrical association Kerkis), to the writing of collective projects.

TECHNICAL SKILLS AND  
COMPETENCES

Good ability to use PC and manage Windows environment.

Good knowledge of Microsoft Office tools (Word, Excel, Power Point).

Good knowledge about using the IE browser and Chrome for navigation.

ARTISTIC SKILLS AND  
COMPETENCES

Expressive and creative skills strengthened through participation in different workshops about writing and theatrical culture.

Ability to act at advanced amateur level acquired through the Advanced Theatre Course of Litta Theatre in Milan, attended in 2014-2015.

Ability to express through dance both on the ground and on ice.

Experience of singing in the intercultural choir "Elykia".

DRIVING LICENCE

B

LEARN MORE

References:

Prof. Carla Bino ([carla.bino@unicatt.it](mailto:carla.bino@unicatt.it)). Associate professor at the Faculty of Letters and Philosophy of the Catholic University of the Sacred Heart.

Dr. Giulia Innocenti Malini. ([giuliaemma.innocenti@unipv.it](mailto:giuliaemma.innocenti@unipv.it)). Researcher at the University of Pavia.

Dr. Roberto Pasetto ([roberto.pasetto@iss.it](mailto:roberto.pasetto@iss.it)). Researcher of the Environmental Social Epidemiology Unit, Department of Environment and Health, at the Italian National Institute of Health and member of the staff of the WHO Collaborating Center for Environmental Health in Contaminated Sites.