

Lauren Stamford

Personal Profile

I am a confident and outgoing individual who completed a Performing Arts degree, which ended in May 2019. My degree enabled me to create applied drama workshops, explore my interest of creating and directing theatre performances, as well as discovering sound and lighting design. After completing my degree, I have successfully gone on to create, manage and run various activities and workshops for people of all ages and abilities. Alongside this I have worked in shop management. Daily, I organise and run shifts, interact with the public, and solve issues within the store. I am looking to bring the skills I have learnt through my roles, to this position.

Work Experience

October 2019 to Present

Team Leader Co-op

- Engaging with co-workers and public.
- Overseeing general running of the shop.
- Key holder.
- Managing Money.

September 2019 to March 2021

Climb 4 Limited Sessional Work.

- Decades Experience audio play.
 - Assistant Director.
 - Creating stories and writing scripts.
 - Writing rehearsal notes for voice actors.
 - Researching local heritage.
- Musical Workshops.
 - Planning and running activities for children and parents to create a fun, memorable experience.
 - Researching topics of interest to families. For example, musicals, Disney films, superheroes.
 - Engaging with families and encouraging them to participate.
- Reminiscence Workshops.
 - Planning and presenting activities to engage elderly to reminisce.
 - Singing and Dancing with participants.
 - Working with elderly.
- STEPP UP Program.
 - Creating and presenting workshops about interview techniques.
 - Use drama techniques to roleplay interview scenarios.
 - Engage with vulnerable young adults.

June 2018 to August 2018

Walt Disney World, Animal Kingdom.

- Communicating with guests to give a high standard of service.
- Working long hours.
- Problem solving daily.
- Working at a fast pace.
- Using initiative.

Curriculum Vitae

April 2018 to June 2018

Franklin College, Drama Department

- Holding authority working with 16-18 year olds
- Enable creative learning
- Alter teaching methods depending on the class.
- Researching, lesson planning/ teaching activities to enhance learning.

November 2016 To December 2017

The Bluebell 1494

October 2015 to August 2016

Tale Of Two Craft Bar and Restaurant

August 2012 to September 2015

Petit Delight Brasserie/Restaurant.

Volunteering

Climb 4 Limited

- Researching for new creative, educational projects that aim to improve the health and well-being of vulnerable and disadvantaged people.
- Assisting managing accounts.
- Creating promotional content.

Edale Skyline Challenge

- 20-mile walking challenge in the Peak district.
- Raise money for 'Mind!', North East Lincolnshire.
- Completed strenuous training physically and mentally.

NCS- National Citizens Services.

- 4-week program that worked on creativity, teamwork, and volunteering.
- Enabled me to work with new people.
- Learned new styles of working.

Education

University of Chester- Sept 2016- May 2019

- Performing Arts Ba (Hons)- 2:1

Franklin College- Sept 2013- August 2016

- BTEC Performing Arts Subsidiary Diploma- Distinction*
- A2 English Literature – C
- A2 Communication and Culture – C
- BTEC Performing Arts Certificate - Distinction*

Tollbar Academy Sept 2008-2013

- GCSE Maths – A
- GCSE Performing Arts- A
- GCSE English - B
- GCSE Science - B
- GCSE History - B
- GCSE Spanish- C
- BTEC ICT – Merit

Other

Valid UK passport

Full UK driver's license

Curriculum Vitae

References

Sarah Hagerup
Managing Director Climb 4 Limited

[REDACTED]
[REDACTED]

Dr Pamela Barnes
Programme Leader for BA Acting

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